

Advanced Diploma of Holistic Classical Yoga Teaching and Therapy

ACADEMIES AUSTRALASIA INSTITUTE

Holistic Classical Yoga Teaching and Therapy

Term 1, 2025 (13 January – 14 March)

DAY	TIME	SUBJECT	ROOM
Tuesday	9am – 1pm	Facilitate holistic classical yoga therapy for mindfulness – Practical (Week 1 to 4)	Yoga Studio Room G105
	1:30pm – 5pm	Facilitate holistic classical yoga therapy for mindfulness – Theory (Week 1 to 4)	
Friday	9am – 11am	Provide Yin yoga therapy – Practical	
	11 am – 1pm	Provide Yin yoga therapy – Theory	
	1:30pm – 3.30pm	Establish and manage client relationships – Practical	
	3.30pm – 5.30pm	Establish and manage client relationships – Theory	

G - Level 6, 505 George St.

Formal classes start on Tuesday, 15 January 2025.

All students must complete enrolment by 24 January 2025.

All students must endeavor to attend 20 contact hours a week. "Contact hours" is defined as the total number of hours scheduled for teaching purposes, course-related information sessions and examinations.

Those who wish to apply for Recognition of Prior Learning (RPL)/ Credit Transfer (CT) must do so by the end of Week 1.

Important

Students are responsible for ensuring that they attend and successfully complete every one of the subjects * that make up the course that they are enrolled in by the end date of their course. If you are in your last term of study and cannot find a required subject for completion in the list above, please look for that subject on other related course timetables. If you cannot locate that subject, please make an appointment to meet your course coordinator.

* Excludes subjects for which they have been granted exemption (Recognition of Prior Learning).